

MILWAUKIE SOCCER CLUB FALL 2019

July 30, 2019, 6:30pm
Wichita Family Center

AGENDA:

- I. Introductions
 - a. Changes to Board
 - b. Financial status
- II. Registration and Scheduling
 - a. Coaches and assistants
 - b. Rosters
- III. Practice and Meeting Your Team
 - a. Concussion and medical release forms
 - b. Equipment and 1st aid kits
 - c. Practice schedule – start dates, locations and times
 - d. Goals and potties
 - e. Training
- IV. Game Preparation and Games
 - a. Rules and Regs
 - b. Sportsmanship
- V. Other
 - a. Fundraiser
 - b. Photos
 - c. Communications

MEETING NOTES

Thank you for giving your time & energy to Milwaukie Soccer Club! Without volunteers like you, we cannot provide a fun, safe, & challenging experience for these kids. We'd like to help you make this experience as simple and enjoyable as possible. We provide here some notes of what we discussed at the Coaches Meeting. Please take the time to read through these carefully and let us know if you have any questions at any time throughout the season.

Registration

All teams must have a coach and an assistant coach who have completed the online background check. Teams will not be issued game schedules until two coaches have been assigned by the registrar. If you are having difficulty finding an assistant, or with any part of the registration system please ask us for help. Coaches are never to be alone with the team, or with individual players. Two background checked volunteers must be present at all practices and games. **THERE ARE NO EXCEPTIONS TO THIS RULE!**

Rosters and medical release forms for all players must be with you at practices and games.

Late Registration – All registrations must go through the registrar. Do not promise anyone a spot on your team or any other team. Please give them Nikki's contact info and she will place them on a team when possible.

Age Group Changes – We have a new registration system this year - Blue Sombrero. This gives coaches a lot of flexibility in updating their rosters and sharing players between teams. Players can play up without much trouble, but playing below grade level is prohibited.

Practice and Meeting Your Team

Call and email your list of players as soon as possible and let them know about 1st practices and a team meeting. This can be part of your first practice or a separate event. Give them information about practice days and times. Find out if they will be missing any practices because of vacations, and **make sure they write down your name and phone number!** Inform them of what they will need to purchase by the first or second practice (soccer shoes, shin guards, black socks, and black shorts) - a ball of their own is always a good idea. Tell your players to bring a water bottle to every practice and game.

Concussion Laws and Training: Coaches must complete an online concussion training course. See the instructions provided. You must email this certificate to milwaukiesoccer@gmail.com **before you start practice.**

Medical Release Forms: Parents must fill out medical release forms for each player. This can be done at the first practice and should be brought with you to all practices and games.

Shirts: Please double check player's t-shirt/uniform size. Returning players are often listed with the same size shirt as last year. If changes need to be made, please let me know no later than **8/15**.

Equipment – Will be handed out at the end of the coaches meeting – bags include cones, balls, pennies, & first aid kits. Travel teams will need to bring a net and two flags to each game. Take a look at all of your equipment prior to your first practice to make sure it is all in good shape and so that you know what you have! We can replenish ice packs or other first aid supplies, just let us know. If you need equipment that is not there for a game or something special let us know and we will try to get it. Keep your equipment together and in good repair. It is never too late to bring back equipment you have hanging around from prior seasons.

Potties and Goals – All coaches have been issued combinations to the porta-potties. Potties should be unlocked by the coach at the beginning of practice and locked by the coach at the end of practice. The potty lock should **NEVER** be removed from the potty structure or set on the ground. Coaches should not share the combination with players and allow them to lock or unlock the potties.

U8-U14 coaches have also been issued codes for the locks on the goals. Goals should be pushed together and locked either in the center or at one end of the field when not in use. When the goals are in use and unlocked the chain and lock should be locked around the bottom of one of the goals. Chains and locks should never be left on the ground or left unlocked.

Fields & Practices – Practices may begin Monday August 13th. Make sure you sign-up for and/or understand when and where your practice time and location will be before you leave tonight.

Have a Plan! MAKE IT FUN- with minimal standing in line. Don't scrimmage for the first several practices, even though they will beg. Work on individual skills and small sided drills. Encourage parents to stay at practices and put them to work helping with drills. If they choose to leave tell them they must be back at least 15 minutes prior to the scheduled end of practice.

Be sure you have an emergency contact number for all parents.

NEVER GET IN A SITUATION WHERE YOU ARE THE ONLY ADULT WITH THE KIDS. MAKE SURE ANOTHER PARENT IS THERE WITH YOU AT ALL TIMES. IF YOU FEEL YOU ARE GOING TO BE IN A SITUATION WHERE YOU COULD END UP ALONE WITH PLAYERS CONTACT A BOARD MEMBER IMMEDIATELY AND WARN THEM OF THE SITUATION. COMMUNICATE THIS TO PARENTS.

Insist on help from parents. You should not be "doing it all". Make sure to discuss parent responsibilities as well as MSC and your own personal expectations. If you don't have a coaching philosophy, establish one, and then stick to it.

Coaches are expected to share fields. There will be two teams practicing on every field most every day. Please be respectful of each other and make sure everyone has a chance to get some "full field" time. Practices will not be cancelled during weeknight games. If you arrive for practice and there is a game scheduled please move your practice as far away from the game as possible.

Fields will be lined and goals in place no later than 2 weeks prior to games starting. Field maintenance is getting scheduled. Fields are inspected and groomed prior to every season. If you notice safety issues, broken or damaged areas or equipment please make us aware of them immediately.

Parking and Field Etiquette – Official school or facility parking lots should always be used when available. Residential streets should not be used for parking when a lot is available. This is a sport, a little walking won't hurt! You may drop equipment, players or visitors at the field, but then park in the lot. At Lewelling there is absolutely no parking on 51st Ave. Spectators need to park in the parking lot. Referees will not start the game or will suspend play if they believe cars are parked improperly. Coaches, please communicate this to travel teams.

Pack out what you pack in! Fields should be free of garbage before you leave. Make sure players and spectators remove all garbage and water bottles when they leave. Don't forget to lock your potties and secure your goals. Unlocked potties and **unsecured goals are a HUGE safety issue.** Unlocked restrooms have been set on fire and unsecured goals can fall over and seriously injure or in a few cases kill someone.

Coaching Binder – The binder is to take with you to practices and games. It is yours to keep and great place for your medical releases, any emails we send out and other info you want to keep at hand.

Education – There are a number of fantastic educational resources on the OYSA website under Coaching Resources and Coaching Education. Visit: www.oregonyouthsoccer.org/coaches for more information. All clinics need to be pre-registered for through the OYSA website. If you are having difficulty figuring out what training is appropriate for you, or having problems registering please contact Steve.

Game Preparation and Games

Game schedules – Game schedules should be ready by the end of August. Let your team know that you will have a game the first Saturday after school starts.

Referees – PYSA coordinates referees. Their contact information will be provided with schedules in case a referee does not show up. It is never acceptable to yell at a referee. All coaches should know and understand the rules of the game. Remember that the referees are doing the best they can. Players, coaches, and parents need to be respectful of all referees. If a problem arises, please contact Nicole or PYSA.

Note: Referees would like to be recognized for their hard work, not just their mistakes. Please let us know throughout the season about referees that are doing an exceptional job.

Rules and Regs – If you would like a refresher on the Laws of the Game and other rules of play, please visit: www.portlandyouthsoccer.com. Under Game Day or Coaches/Coaching Information they have descriptions of the rules. All other rules are FIFA standard rules.

Sportsmanship – MSC has high expectations. Coaches Code of Conduct is included in your coach manual. Become familiar with it. There are also printed expectations for players and parents, make sure they are familiar with them as well. The Fair Play Rule is in effect and should be enforced at all age levels. Your goal as coaches should be to make every game and every practice FUN for EVERYONE. If you do not know or understand the Fair Play Rule please ask. Recreational soccer brings together players of all levels of play from experienced returning players to those who are trying it out for the first time. The goal is to enjoy playing and being part of a team. Winning is just a bonus.

Other

Fundraiser – Please take the time to discuss the Dribble-a-Thon fundraiser with your parents and let them know that there is no official buyout this year. Every player is required to raise a minimum of \$35. You should have all the materials your team needs to get started on the fundraiser. Please - we need your help to get them excited and motivated. If you are not 100% excited, then neither will they be.

Photos – Coaches will have to schedule a time online on the Northwest Sports Photography website. We will be handing out information for scheduling and envelopes at Dribble-a-Thon.

Communication – Almost all communication from MSC will be via email. If you are not registered as a coach in Affinity, you will not receive emails. If this does not work for you please let us know tonight, so that we might remember to call you. If you have a question or need something please try to contact the appropriate Board Member or Committee Chair.

Please come to Meetings! Meetings are scheduled only when necessary. If you cannot attend a meeting, please find a representative to take your place. The Dribble-a-Thon is where you will be issued your final

game schedules, uniforms and goalie gear, and picture packets. Any information that needs to be communicated to coaches will be sent out via email.

Most Importantly, Thank you! Thank you for taking the time to be here. Thank you for seeing the value in coaching a youth soccer team. Thank you for all of your hard work, your attention to the rules, and your dedication to providing every player with a fun, safe, and worthwhile soccer experience

If you need help with anything please let the board know so that they can assist you.